



A weekly reflection by members of the Precious Blood Community

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**Fr. Denny Kinderman, C.P.P.S.**

**“Jesus looked around at them with anger.  
He was sad because of their hard hearts.” (Mark 3:5)**

As we read throughout the gospels, the accusation of hard hearts is directed to those in power and who want to control. The hungry, thirsty, naked, sick, or imprisoned are not the ones accused of having hard hearts. I find in my ministry here at PBMR that not only do those on the margins not have hard hearts, they have compassionate hearts.

As our precious blood spirituality enlivens in us the inclination to be compassionate and to walk in solidarity with the least of our sisters and brothers, there is no room for our hearts to become hardened. And yet, our hearts may be moved with anger toward those who remain silent when offered the opportunity to see with compassion. “Jesus looked around at them with anger.”

To walk in the power of the precious blood is to allow that anger to awaken in us a deeper commitment to love, not an anger that would harden our hearts. Look to the least and learn from these sisters and brothers how to live with compassionate hearts. Compassion calls up from the depths of life-as-it-really-is the alertness that we too need mercy, forgiveness, and healing.

“Stand up!” Jesus invites us to leave our dried-up, withered selves that give in to an anger that can harden our hearts. Hear his compassionate words: “stretch out your hand” – your life is to be healed as you struggle on. “The time is always right (Sabbath or not) to do right,” Martin Luther King, Jr. reminds the ones in power seeking control, the ones Jesus silenced by doing right on the Sabbath.

*Fr. Denny Kinderman, C.P.P.S., was one of the founders of PBMR  
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*This weekly reflection is made available to all who are part of our Precious Blood family. Feel free to share it with others. Would you be willing to write a reflection? If so, please contact Vicky Otto at [votto@pbspiritualityinstitute.org](mailto:votto@pbspiritualityinstitute.org)*