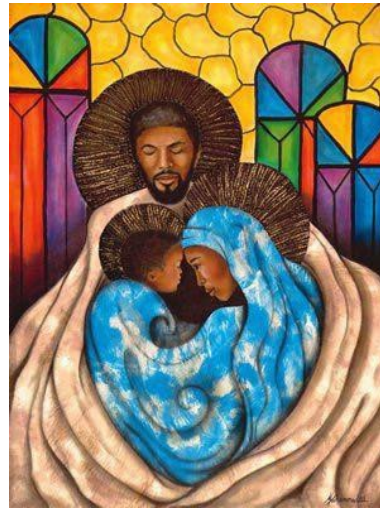


A weekly reflection by members
of the Precious Blood Community

March 19, 2025

Sr. Kristen Forgotch, ASC

"To plant a garden is to believe in tomorrow," Audrey Hepburn



How can it be that we got to this point? This is probably a question that many of us are asking as we read or watch the news these days and see what is happening within our own country and around the world. This question is probably something planted deep within us from St. Joseph. Joseph was probably wondering, filled with doubt and concern about the welfare of Mary after hearing that she was with child. Joseph found comfort and hope through the message of the angel. Where do we find our hope these days and continue to plant seeds of justice?

It is easy to get overwhelmed and not know where to begin as we hear daily the lack of dignity given to our brothers and sisters. Just as Joseph and Abraham found hope for the future of all generations, we too are called to see the hope and light as we do our daily work and advocate for our dear neighbor in all aspects of life. We must continue to believe and work, hoping against hope, that things will change and all people will be seen with dignity. Just as Paul told the Romans, it was not through the law that we will inherit the world, but that righteousness is attained through faith. We will not attain a just future through law alone, but through hope, faith, and reconciliation.

Tomorrow is the first day of Spring and as we begin to plant seeds, we are reminded of the words of Audrey Hepburn, “to plant a garden is to believe in tomorrow.” All of our prayers, thoughts, and actions are seeds planted in the garden that will grow and expand more than we could ever dream or imagine. We till the ground of our day as we experience daily Eucharist in the sharing with others and move beyond ourselves. God’s kindness is established forever and even if we cannot see the kindness each way we look, we just need to look a little deeper and we will see the seeds that we have planted are spreading roots and sprouting out beyond our reach. Where and how will you scatter your seeds today? Will you write a note to a friend? Will you call your representative? Will you say hi to someone walking through the grocery store? What seed is yours to sow?

We can use Joseph as our model as we take in what is happening around us and continue our work and daily yes to welcome the stranger, immigrant, and refugee in ways that promote the dignity of all people. May we be pilgrims of hope, planters of justice, and builders of peace and reconciliation, wherever we find ourselves.

Sr. Kristen made her perpetual profession of vows with the Adorers of the Blood of Christ on January 1, 2025. She is currently completing studies to receive her Master’s degree in Religious Education. To learn more about the Adorers of the Blood of Christ, [click here](#).

This weekly reflection is made available to everyone in our Precious Blood family.
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If so, please contact Vicky Otto at votto@pbspiritualityinstitute.org