



A weekly reflection by members  
of the Precious Blood community

**November 20, 2024**

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“Let everything that has breath  
praise the Lord! Alleluia.” (Psalm 150)



What are you doing next Sunday?

In four short days, on November 24, we will celebrate the Feast of Christ the King, the last Sunday of the liturgical year. Looking back you may say, where did the year go? Time sneaks up on all of us. A lot has happened in the world and most certainly in each of our individual worlds. Before we approach Advent and the fast-paced whirlwind of Christmas preparations, I was wondering how we could celebrate this feast day together? What would it be like to celebrate the end of the liturgical year similar to how we celebrate the end of the calendar year?

Before you get carried away with thoughts and ideas, would you care to join me in your part of the world and partake in a little celebration? I was thinking we could reflectively pray today's psalm together on Sunday.

Refrain: Holy, holy, holy Lord, mighty God!

Praise the Lord in his sanctuary,  
praise him in the firmament of his strength.  
Praise him for his mighty deeds,  
praise him for his sovereign majesty. Refrain

Praise him with the blast of the trumpet,  
praise him with lyre and harp,  
Praise him with timbrel and dance,  
praise him with strings and pipe. Refrain

Praise him with sounding cymbals,  
praise him with clanging cymbals.  
Let everything that has breath  
praise the Lord! Alleluia. Refrain

As you take time for your personal prayer, know that I'm uniting my prayer with yours and that we, together, praise the same God and King as our ancestors and community members did throughout the generations for time and eternity.

Blessed be the Blood of Jesus! Now and forever. Amen.

I hope you can join me on Sunday. Wear casual dress attire. Feel free to bring your trumpet, lyre, harp, timbrel, strings, pipe, cymbals, and dancing shoes. Let's raise the roof with praise!

*Sr. Joni Belford, CPPS, is a member of the Sisters of the Most Precious Blood of O'Fallon, Missouri congregation and serves on the Board of Directors for the Precious Blood Spirituality Institute. To learn more about the community, [click here](#).*

*This weekly reflection is made available to all who are part of our Precious Blood family. Feel free to share it with others. Would you be willing to write a reflection? If so, please contact Vicky Otto at [votto@pbspiritualityinstitute.org](mailto:votto@pbspiritualityinstitute.org)*