



A weekly reflection by members
of the Precious Blood Community

February 12, 2025

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“Are even you likewise without understanding?” (Mark 7:18)



Reflecting on the Gospel for today, I think about difficult times that we face throughout our lives. I think of discipline as a way of learning. There is a great difference between discipline and punishment. In my eyes, discipline strengthens me and provides me with opportunities to learn and grow. Whom Jesus loves, he disciplines. I don't always see the bigger picture of discipline when it is happening to me. I see it as pain and I question why this is happening to me. After I have gotten through it, I am then able to see the why. I try not to think of my hard times as punishment, but as a time to learn and continue my journey. There is pain and suffering that is endured while facing discipline. That same temporary pain will eventually result in peace and blessings.

Life is not easy and we are often faced with roadblocks. The reality is that God will not put anything in front of us that he thinks we cannot overcome with his grace. I have experienced a lot of discipline throughout my life and I feel that it has molded me into the person I am today.

Braden Mooney is a December graduate of Newman University with a major in nursing. He is an ASC Scholar Merit Award recipient. To learn more about Newman University, sponsored by the Adorers of the Blood of Christ, visit: newmanu.edu.

This weekly reflection is made available to everyone in our Precious Blood family. Feel free to share it with others. Would you be willing to write a reflection? If so, please contact Vicky Otto at votto@pbspiritualityinstitute.org